

From the Desk  
of the Agent



**4-H'ers are 2.3 times**  
more likely to be physically active, are nearly  
*two times more likely*  
to plan to go to **college**, and are  
**3.4 times more likely**  
to contribute to their **communities** when  
compared with youth who do not  
participate in 4-H.



**National 4-H Week**  
October 6-12, 2013

Thanks for an awesome National 4-H Week!



## 4-H on Face Book

<http://www.facebook.com/NewJersey4H>

<http://www.facebook.com/warren4H>



 "like" us on  
**Facebook**



# Reminders

## The Next 4-H Leaders Association Meeting

Wednesday November 6 @ 7:30 p.m.

At the 4-H Office. All registered Warren County 4-H leaders are welcome!

**7:00 p.m. is the fair rules review meeting. All leaders whose 4-Hers participate in shows at the fair are encouraged to come and give feedback for next fair.**

*If you prefer a hard copy mailed to your address, please call the office and confirm your updated contact information so we can send you a paper copy. We will only send paper copies to those families that contact us. We hope that 4-H families take advantage of the Grapevine online and help us save the environment.*

### The Jr. Breeder loan program

a great program for young adults already participating in 4-H to acquire livestock via a low-interest livestock loan. Contact the 4-H office for the forms and additional information.



Going to Rutgers????

Going to miss 4-H????

No Need! You can join the Collegiate 4-H Club!

They do much to support 4-H in NJ

### Our Mission

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes, and skills they need to become competent, caring, and contributing citizens of the world.



This mission is accomplished by using the knowledge and resources of the land grant university system, along with the involvement of caring adults

Family Grapevine  
Bi-Monthly Newsletter  
Rutgers Cooperative Extension  
165 County Route 519 South  
Belvidere, NJ 07823  
(908) 475-6502  
www.warren4-h.org

Alayne J. Torretta, County 4-H Agent  
Ruth Riedel, 4-H Program Assistant  
Alex Zolla, 4-H Secretary

## Baseline testing for head injuries

recommended for all high school athletes. 4-H believes it should also be recommended for all our 4-H Equestrian and Roller Derby athletes as well. Wearing a helmet does NOT protect a person from a concussion. Having a baseline test for all riding and skating youth could be an important factor in determining if a child has had a concussion in the case of a head injury during an event. Take the online test!

<https://www.impacttestonline.com/sportstest/index.cfm?id=883>



## Council of Presidents

If you are elected as an officer in your club for the 2013-2014 4-H year and are in grades 4-13, this meeting is for YOU! You will learn how to run a business meeting, what all those terms mean, have some fun and help plan the countywide community service project! The next Council of Presidents meeting/training is Saturday, November 16 from 10 – 1pm at the 4-H office. The Council is the voice of the youth of 4-H!! Come have some fun, learn about Parliamentary Procedure, and share with others what your club is doing!

The Council meets 4 times per year. MARK YOUR CALENDAR:

- Sat. Nov. 16, 2013
- Mon. Jan. 20, 2014
- Sat. April 26, 2014
- Sun. Jul 13, 2014



## Leadership Washington Focus

Summer 2014 will be the first time that Leadership Washington Focus (LWF) will be held at the National 4-H Youth Conference Center in Chevy Chase Maryland. There will be 4-H members representing many states across the nation at Leadership Washington Focus. LWF is a 4-day event (Tuesday-Saturday) for 4-H members in grades 6-8 at the time of application. The program will provide an opportunity for youth to listen to motivational speakers and participate in workshops that will develop communication skills, increase leadership capacity and build lifetime skills. The program utilizes Washington, D.C. as a working classroom to learn about leadership and provides hands-on opportunities for our younger teens to promote "Learn to Lead Now - Better Leaders Tomorrow."

Activities during the 4-day conference will help delegates to:

- Build confidence in their ability to motivate and direct others in meaningful action.
- Practice effective communication with others through group discussion and public speaking.
- Work with others to create and accomplish goals.
- Develop an understanding of leadership styles and identify personal style.
- Exchange ideas, practice respect and form friendships with other 4-H'ers from across the nation.
- Visit some of D.C.'s most spectacular sights and learn about the different types of leadership conveyed through the symbolism of our national monuments and memorials.

The cost for the conference is \$800 per person which includes all expenses – registration, lodging, meals, transportation and activities. Applications are due to the county 4-H office by November 1 and are due to the state 4-H office by November 12.

Contact Alayne Torretta for the application  
[Torretta@njaes.rutgers.edu](mailto:Torretta@njaes.rutgers.edu)





# FAIR NEWS

8 day Fair!

## 2014 Farmers' Fair 4-H Theme:

*Caring*



How does 4-H teach you about caring? Include this in your club display for the 4-H building!

*Things to ponder in your next club meeting*



**Arts & Crafts/Photography/Sewing/  
Woodworking/ Fine Arts/Cooking/  
Photography, Foods and Needlework**

Did you know all 4-Hers can make things to display during fair week???

These items are prejudged *before* fair and displayed in the 4-H building the week of fair. All Warren County 4-H youth are welcome to enter items in these shows.

**The pre judging date is one month BEFORE the fair**  
Check the fair page in upcoming

## 4-H Celebration at the Fair!

Friday night 6:00 August 1 at the show building!

After a long hot week of shows and keeping your animals cool and clean, come relax and have dinner on the 4-H alumni!

The celebration includes:

- 1) Special Cloverbud ceremony to welcome them to full membership!
- 2) Dinner
- 3) Cheering for your leaders!

In and out of the show ring, character counts!

**Jul. 26 – Aug. 2, 2014**

## Do your Public Presentation at the fair!

It's not too late to sign up for public presentations at the fair. Keep your member in good standing status and DO your presentation! Entry forms are available on the Warren 4-H website. Due June 30!

Attention all Clubs! Your club is invited to put up a club display in the 4-H building for the week of fair. You may use an entire 'bay' and make it 3-D! Get together at your next business meeting and start planning NOW for the most awesome of awesome displays EVER.

Download the club booth entry form online!  
One form per club please.



Humanity's true moral test, its fundamental test ... consists of its attitude towards those who are at its mercy: animals.  
- Milan Kundera

**Deadline for fair entries  
is Monday June 30<sup>th</sup>**

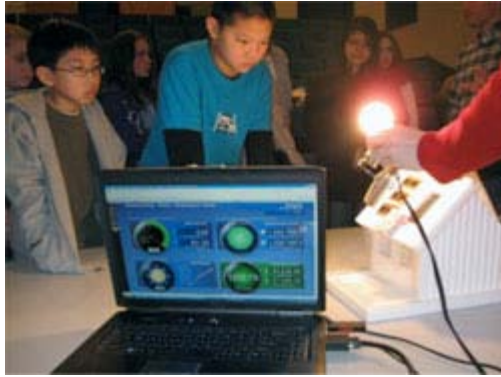
*entry forms are online at  
[www.warren4-h.org](http://www.warren4-h.org)*



**All animals must have been owned/cared for since  
May 1 of this year to show at this year's fair!**

*A splendid time is guaranteed for all – Lennon and McCartney*

# Rutgerscience Saturdays



**Students in grades 5-9 are invited come to Rutgers University to explore Science Technology Engineering and Mathematics.**

4-H Rutgerscience Saturdays invite young people to experience the cutting edge research going on at Rutgers University through hands on investigations in science and engineering along side Rutgers University scientists and engineers. As a youth development organization, our objective is to provide an exciting, supportive, and intellectually stimulating environment for young people to explore STEM career fields.



- Why 4-H consider 4-H Rutgerscience Saturdays for your child? Our [annual report](#) describes what young people say about the value of 4-H Rutgerscience Saturdays to them.
- **Frequently Asked Questions (FAQ) about 4-H Rutgerscience Saturdays.** What to bring and what to expect at a program.

- How do I register my child for a 4-H Rutgerscience Saturday? Download a [registration form](#) and a [permission form](#) here. All programs run from 10 am – 1:30 pm.

## Upcoming Rutgerscience 4-H Events

Event	Date	Location
<a href="#">Urban Ecology</a>	November 16, 2013	Environmental Sciences Building , Rutgers University, School of the Environment and Biological Sciences, Cook Campus
<a href="#">Parasites and How They Got That Way</a>	February 15, 2014	Environmental Sciences Building , Rutgers University, School of the Environment and Biological Sciences, Cook Campus
<a href="#">Spy Technology</a>	March 29, 2014	TBA- check back soon for registration information. This event is being planned with the Rutgers University Engineering Program.

<http://4hset.rutgers.edu/set-programs>



## NJ AGRICULTURAL ACHIEVEMENT AWARD

The qualifications for receiving the \$500 award include submitting an application, found here [www.jerseyequine.nj.gov/agachievementapplform.pdf](http://www.jerseyequine.nj.gov/agachievementapplform.pdf), a resume along with an essay answering the question, "How has your involvement in 4-H helped to shape your future career in Agriculture?" Due 1/2/2014 to Lynn Mathews [lynn.mathews@aq.state.nj.us](mailto:lynn.mathews@aq.state.nj.us).

## EQUINE SCHOLARSHIP OFFERED TO 4-H MEMBERS

Those interested in receiving the \$1000 scholarship in memory of Sara Dubinin must submit an application form including an essay on, "How horses have affected my life and how horses figure into my future." The application can be found at [www.jerseyequine.nj.gov/dubininapplicationform.pdf](http://www.jerseyequine.nj.gov/dubininapplicationform.pdf). Consideration of applications will be weighted upon the candidate's financial need.

The deadline to submit the essay is 1/2/2014 to Lynn Mathews [lynn.mathews@ag.state.nj.us](mailto:lynn.mathews@ag.state.nj.us)



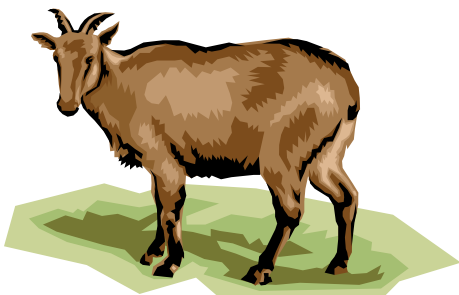
## NJ 4-H Goat Extravaganza

Saturday, January 11  
Hunterdon County Senior Center  
Route 31 County Complex,  
Gauntt Place, Flemington

The extravaganza consists of poster/presentation contest, skill-a-thon, quiz bowl, art show, a workshop for parents and volunteers, and social. Entries due to Chad Ripberger by December 6.

**THE TEAM QUIZ BOWL CONTEST HAS  
RETURNED FOR THE SECOND YEAR!**

<http://nj4h.rutgers.edu/goats/extravaganza/>



## Renaissance Faire Costume Workshop

January 19, 2014  
1-5 p.m.

Want to help out at the Faire next year, but don't know what to wear?

Join us for a fun & informative sewing workshop. Learn to make a simple but appropriate outfit for the renaissance period. You can portray a peasant or a prince, a lady or a wench. It all starts with a simple tunic, shorter for the lads and longer for the lassies.

Class will be taught by several experienced sewers including Baroness Rhiannon from the Society for Creative Anachronism, an educational historical society that recreates the Middle Ages and Renaissance. Sign up now! Class size will be limited.

Your confirmation will include a list of equipment and suggested materials. Go home with a finished (or nearly) outfit to wear at the Warren County 4H Renaissance Faire!

Some examples:



Register today! Call the Office 475-6502 or email: [Torretta@njaes.rutgers.edu](mailto:Torretta@njaes.rutgers.edu)

## Looking for a metal detector

Hot Shots Archery 4-H Club is looking for a donation of a metal detector. Contact Ms. Drakeobrien at [hotshotsnj4hshootingsports@yahoo.com](mailto:hotshotsnj4hshootingsports@yahoo.com)



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## Discover the Leader in You! Regional Conference

March 29, 2014  
9:30 AM-3:30 PM

Somerset County 4-H Center, Bridgewater

4-H members in grades 6-8 are invite to attend this leadership conference. You will have fun, meet new friends and develop leadership and personal development skills that you can utilize at home, in school, in your 4-H club, and in your community. Cost is \$30.00 (includes snacks, lunch, program supplies and a gift) Registration materials will be available in January 2014!

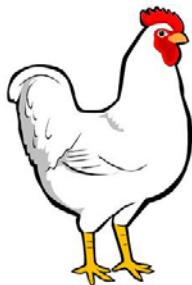


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## New Jersey 4-H Avian Bowl

March 22, 2014

Would you like to learn about birds? Do you raise chickens? Save the date!



## Rabies in NJ

In response to recent cases of rabies, Health Officers recommend the following ways to prevent rabies transmission to humans:

People should stay away from wildlife, particularly wildlife that is acting sick, aggressive, unusually friendly to people or paralyzed. Abnormally acting wildlife or other animal should be immediately reported to the animal control provider for the municipality. All cats and dogs should be kept currently vaccinated against rabies. Pet owners should monitor the expiration dates of their pets rabies vaccinations and revaccinate their animals prior to expiration.

Vaccines are also available to protect sheep, cattle and horses against rabies and owner of these livestock animals should strongly consider vaccinating their animals if they are accessible to the public, e.g., petting zoos, riding stables and animals attending agricultural fairs.

If a person is bitten by any animal they should receive medical attention and be evaluated for a rabies exposure. If possible, the biting animal should be captured or contained, or ownership information gathered so the animal can be evaluated.

Persons who find bats in their homes should contact their local health departments for guidance. If someone was bitten or had direct contact with a bat it should be captured and contained if possible. Bat-proofing to prevent bats from entering the living space of residences should be undertaken to prevent future exposures.

To date, there have been 225 laboratory confirmed New Jersey animal rabies cases in 2013. The species breakdown is as follows: 113 raccoons, 31 skunks, 13 cats, 11 foxes, 6 groundhogs, 1 otter, 1 donkey and 49 bats. In 2012, there were 309 laboratory confirmed New Jersey animal rabies cases, including 68 bats.

Rabies guidance is available on the DOH website: <http://www.state.nj.us/health/cd/rabies/index.shtml>

Health officers and their staff can contact the NJDOH, Zoonotic Disease Unit at 609-826-4872 or 5964 for guidance on handling rabies situations and prevention strategies.



## Rutgers Fact Sheets now available

FS036 Horses and Manure

<http://njaes.rutgers.edu/pubs/fs036/horses-and-manure.asp>

FS537 Horse Manure Management: Bedding Use.

<http://njaes.rutgers.edu/pubs/fs537/horse-manure-mgmt-bedding-use.asp>

FS1064 Nutrient Management on Livestock Farms: Tips for Feeding.

<http://njaes.rutgers.edu/pubs/fs1064/tips-for-feeding.asp>

FS1189 Why Do I Need a Farm Map? How to Prepare a Usable Map for Your Farm

<http://njaes.rutgers.edu/pubs/fs1189/why-do-i-need-a-farm-map.asp>

FS1190 Managing Manure on Horse Farms: Exercise or Sacrifice Lots for Horses

<http://njaes.rutgers.edu/pubs/fs1190/managing-manure-on-horse-farms.asp>

FS1194 New Jersey Livestock Drought Management Plan

<http://njaes.rutgers.edu/pubs/fs1194/nj-livestock-drought-mgmt-plan.asp>



## Summit on Agri-Science

January 16-20, 2014  
Youth grades 9-12

It's a hands-on learning, exciting educational experience led by passionate leaders in the agricultural community with interactive workshops, supplemental curriculum and tools. Students will tour agricultural government and advocacy agencies in Washington, D.C. Hotel accommodations at National 4-H Youth Conference Center, meals and a guided night time tour of the monuments and memorials in Washington, D.C. are included in registration.

Club leaders can sign up their 4-H groups at: The cost is \$545 per person, however, scholarships are available!

<http://www.nationalyouthsummit.org/agriscience-conference/>

## Halloween Costumes needed!

Fairies, princes, princesses, pirates, kings, queens, knights, wenches, monks, or jesters! Please consider donating old Halloween costumes or parts of a costume (crowns, hats, sashes, boots, swords, etc.) for a costume chest for youth to use to help out at the Renaissance Faire who don't have period clothing.

Bring to the 4-H office anytime throughout the year!



# Thank you

A big



To Ms. Drakeobrien and Tracy Smith for making the 2013 Achievement night a success! The square dancing was awesome and everyone had a great time.



## Teen Council Seeking New Members

Attention Warren County 4-H teens! The WC Teen Council invites you to their next meeting:

December 1 @ 12:00 (holiday food and fun!)

Come learn about all the different activities the council does!

Email: [Torretta@njaes.rutgers.edu](mailto:Torretta@njaes.rutgers.edu) to RSVP!



## 2013 State 4-H Horse Show

### WESTERN DIVISION

Gracie Klimas – 3<sup>rd</sup> place Mare and Foal, 7<sup>th</sup> place Jr. Showmanship & grooming  
Pier Semanchik – 9<sup>th</sup> place Jr. Showmanship & Grooming, 2<sup>nd</sup> place Jr. Western Pleasure, 2<sup>nd</sup> place Jr. Horsemanship  
Megan Lay – 9<sup>th</sup> place Halter Geldings, 8<sup>th</sup> place Sr. Western Pleasure  
Alexis Grogan – 2 place Growing & Training Mares  
Maddie Crisp – 3<sup>rd</sup> place Growing & Training Mares

### GAMES DIVISION

Naomi Cronce – 8<sup>th</sup> place Barrel Race, 10<sup>th</sup> place Bow Tie Race  
Craig Cronce – 9<sup>th</sup> place Pole Bending Horse  
Gracie Klimas – 2<sup>nd</sup> place Pole Bending Pony, 4<sup>th</sup> place Bow Tie Pony, 5<sup>th</sup> place Key Hole Pony

### ENGLISH DIVISION

Gracie Klimas, 4<sup>th</sup> place Jr. Showmanship & Grooming, 4<sup>th</sup> place Halter, 1<sup>st</sup> place Jr. Pleasure Horse. 9<sup>th</sup> place Hunter Under Saddle,  
Courtney Butrymowicz – 10<sup>th</sup> place Sr. Showmanship & Grooming  
Alexis Grogan – 3<sup>rd</sup> place Growing & Training halter  
Maddie Crisp – 7<sup>th</sup> place Growing & Training halter  
Megan Lay – 9<sup>th</sup> place sr. Pleasure Horse

### VERY SMALL EQUINE DIVISION

#### RESERVE CHAMPIONS – WARREN COUNTY

Maddie Crisp – 1<sup>st</sup> place halter, 4<sup>th</sup> place in Hand Trail  
Alexis Grogan – 3<sup>rd</sup> place Halter, 1<sup>st</sup> place in Hand Trail  
Gracie Klimas – 4<sup>th</sup> place in Hand Jumping



## 2013 NJ 4-H State Rabbit, Cavy, Small Animal and Poultry Show

### RABBIT

Kaitlin Smith – Reserve American Fuzzy Lop, Best of Show Himalayan, Best of Show and Reserve Lionhead, Best of Show Mini Satin

Nicole Kilhullen - 4<sup>th</sup> place Intermediate Showmanship

### POULTRY

Nicole Kilhullen – 4<sup>th</sup> place Intermediate Showmanship

### CAVY

Kaitlin Smith – Best of Show Abyssinian Satin, Reserve American Satin



Warren County has a unique opportunity with the US Department of State to host youth from a foreign county the spring of 2014! We are currently taking applications and screening possible host families for this exciting program.

For more information on how you can get the application to become a host family for the exchange program, contact Maureen Overko at [Mho16@scarletmail.rutgers.edu](mailto:Mho16@scarletmail.rutgers.edu)



# 2013 Achievement Night

October 26, 2013

## **AGRICULTURE AWARD**

Courtney Sodtalbers, Brittany Smith  
Andrew Prysak, Stacy Giordano

## **ACHIEVEMENT AWARD**

Aran Matthews, Stacy Giordano  
Nicole Kilhullen, Brittany Smith

## **COMMUNITY SERVICE**

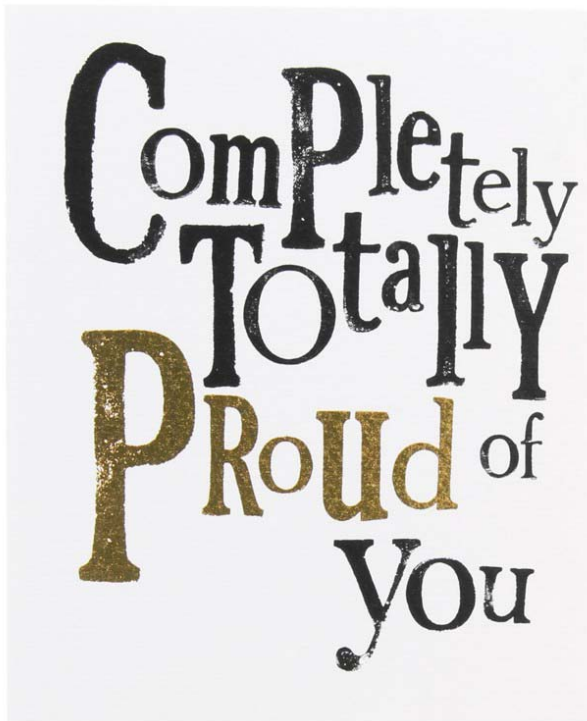
Mary-Kate Linn, Andrew Prysak  
Brittany Smith, Stacy Giordano

## **LEADERSHIP AWARD**

Rachel Danitz, Brittany Smith  
Mary Kate Linn, Stacy Giordano

## **4-H Outstanding Members**

Brittany Smith and Andrew Prysak.



## **OUTSTANDING PROJECT AWARDS -**

Alpaca – Andrew Prysak

Dairy - Courtney Sodtalbers

Photography – Brittany Smith

Poultry– Kaitlin Smith

Goat: –Riley Overko

Cavy/Small Animal – Stacey Giordano

Rabbit: – Brittany Smith

Sheep: – Stacey Giordano

Shooting Sports – Nicole Kilhullen

Swine: – Brittany Smith

History: - Aran Matthews

Beef: – Brittany Smith

Horse: Andrew Prysak

Model Horse — Brittany Smith

Arts & Crafts – Stacey Giordano

Fine Arts – Brittany Smith

Wood Science – Stacey Giordano

Western Horsemanship Award - Pier Semanchik

English Horsemanship Award - Courtney  
Butrymowicz

Sportsmanship Award - Maddie Crisp

The Guiding Light Award - Nicole DeHerde

Michelle Pflieger Memorial Showmanship and  
Grooming Award - Gracie Klimas

Clover Award - Nicole DeHerde

Challenge Award - Naomi Cronce